STRONG

LEADER GUIDE

FSY November Week 4: Truth Will Make You Free

WHERE THIS FITS

Use this episode alongside the last Sunday of the month: Becoming a Covenant Daughter of God (Young Women) and Becoming a Covenant Son of God (Aaronic Priesthood quorums).

TRY THIS: STEADY

Materials: open floor space.
Have everyone stand, lift one foot, and close their eyes for thirty seconds. Most people wobble or put a foot down. Try again with a partner alongside, one hand resting lightly on the partner's shoulder. Almost everyone holds steady.
Tag line: “Esther and Captain Moroni both asked others to stand with them before they acted. Asking for support is part of courage. And when you stand up for the teachings of Jesus Christ, He stands with you.”

DISCUSSION QUESTIONS

- Tell us about a time you felt nervous to do or say something you believed was right. What did you do, and how did your faith in Jesus Christ help you?
- Read Esther 4:15–16 and Alma 46:12–13 together. What did Esther and Captain Moroni do to prepare before they acted?
- When has someone's quiet example of living the gospel given you courage?
- “What if standing up for what I believe costs me a friendship?”

FROM THIS MONTH'S FSY GUIDE: WEEK 4

- As you studied the FSY guide this month, what have you learned about the Savior and how His “truth will make you free”?
- How does this help you accomplish His work?

CLOSING CHALLENGE

Invite everyone to choose one truth they've learned this month and one specific way to courageously live it or share it this week. Ask them to decide when they'll do it, and to be ready to share what happened next time if they choose.